

**United against
dementia**



Gainsborough Dementia Café

**The first Monday of every Month from
10:00 – 12:00**

*Please note if the first Monday is a Bank Holiday then the café will be held
on the second Monday.*



If you have dementia, or are caring for someone with dementia you'll be welcomed at our café. Come along to meet others in a similar situation, in a relaxed social setting. You can spend time sharing information and experiences, or simply have a cup of tea and a chat. Staff and volunteers will be on hand to give you information and support.

The café will be held at:

Marshall's Sports Club Community Hall, Middlefield Lane, Gainsborough, DN21 1XR

For more information contact:

Alzheimer's Society

T: 01522 437069

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Charity No 296645

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